

AFTERBURNERS YOUTH TRACK CLUB TRACK MEET

SANCTION – USATF / Gulf Association
Ridgepoint High School
500 Waters Lake Blvd, Missouri City, TX 77459
April 27, 2019

Registration: 7:00 a.m.
Coaches Meeting: 8:00 a.m.
Meet Begins: 8:30 a.m.

MEET DIRECTOR:

Ken Tennard (832) 526-8399 / (713) 459-9529 / (281) 778-0045
Abtrackclub1996@aol.com

COACH CONTACTS:

Ken Tennard (832) 526-8399 / (713) 459-9529 / (281) 778-0045
Norris Carter (281) 850-4221
Deon Minor (713) 545-2065

ADMISSION: Athletes -\$7.00
Spectators -\$7.00
Children under 5 - Free
USATF Registered and Background Check Cleared Coaches – Free

AWARDS: 8 & Under – Ribbons for all participants
9 - 10 thru 17-18 – Ribbons for first six places (by times ONLY!!)
Medals for first place

<u>DIVISIONS:</u>	8 & Under	-2011 & Under
<i>Ages as of</i>	9 - 10	-2010 - 2009
<i>Dec 31, 2019</i>	11 - 12	-2008 - 2007
	13 - 14	-2006 - 2005
	15 - 16	-2004 - 2003
	17 - 18	-2002 - 2001

12 & Under permitted in only 3 events / 13 & Up permitted in up to 4 events

ORDER OF EVENTS Rolling Schedule

RUNNING EVENTS – 8:30 a.m.

-Sprint Medley Relay(200, 200, 400, 800) - 11-12 & Up
-800 Meter Run - 8 & Under, 9-10
-4 x 100 Meter Relay - All
-1500 / 3000 Meter Racewalk - 9-10 & Up
-400 Meter Run - All
-4 x 100 Meter Relay - Parents/Coaches (20 to 39 and 40 & Up) Male & Female Teams

-----BREAK-----

-200 Meter Run - All
-1500 Meter Run - 8 & Under & Up
-4 x 400 Meter Relay - All

FIELD EVENTS – 8:30 a.m.

Long Jump -All
Shot Put -All
Turbo Javelin -8 & Under, 9-10, 11-12

CONCESSION STAND